Easy Solutions to HOME SAFETY CHALLENGES

BATHROOMS

- Barrier-Free Showers
- Walk-In Tubs
- Grab Bars
- Elevated Toilet Seat
- Bath Lift
- Shower Bench
- Rubber Bath Mats

BEDROOM

- Adjustable Bed
- Bed Rails
- Patient Lifts
- Bedside Commode
- Stand Poles
- Over-Bed Trapeze
- Cane
- Hemi Walker

GETTING AROUND

- Scooter
- Portable Ramps
- Power Wheelchair
- Rollator
- Three-Wheeled Rollator
- Cane
- Walker
- Foldable Canes, Walkers And Wheelchairs

WHEELCHAIR USERS

- Ramps
- Portable Ramps
- Barrier-Free Showers
- Residential Elevators
- Patient and Vehicle Lifts
- Room-By-Room Accessibility

LIVING AREA

- Lift Chairs
- Stair Lifts
- Cane
- Walkers
- Stand Pole
- Hand Grips
- Lighting

KITCHEN

- Easy-Access Cabinetry
- Hand Grips
- Easy-Grip Utensils
- Accessible Appliances
- Reachers

BATHROOM ASSESSMENT:

Do You Have Trouble	Solutions to Consider:
Getting in and out of the bathtub?	☐ Grab Bars and Tub Bars☐ Dual Grip Bars☐ Extra-Long Non-Slip Bathtub Mat☐ Bath Lifter☐ Walk-In Tub
Sitting down and getting up from tub?	☐ Swivel Bath Seat☐ Transfer Benches☐ Shower Buddy Bath System☐ Grab Bar near Entry and On Walls
Navigating the entry?	☐ Extra Space in and around Sink & Toilet
With secure footing?	□ Remove Throw Rugs□ Non-Slip Flooring□ Hemi Walker
Standing at the sink?	☐ Accessible Sink☐ Shower Bench☐ Raised Toilet Seat☐ Stand Bars
Getting on and off the toilet?	☐ Hand Grips☐ Non-Slip Flooring☐ Safety Frames
Replacing the toilet tissue on the holder?	☐ Pivoting Toilet Paper Holder☐ Polling Toilet Paper Holder☐ Freedom Wand☐ Easy Wipe
Reaching and effectively using toilet tissue?	☐ Inspection Mirrors☐ Bidet☐ Reachers And Grabbers☐ Toilet Paper Holder with Grab Bar
Reaching and cleaning thoroughly?	☐ Reachers
Standing while showering?	☐ Hand-Held Showers☐ Easy Grip Razors and Toothbrushes
Accessing the shower?	☐ Walk-In Showers
With dexterity limitations making grooming tasks difficult?	☐ Hands-Free Hair Dryer☐ Weighted Grips for Toothbrushes, Razors and Hair Brushes

BEDROOM ASSESSMENT:

Do You Have Trouble	Solutions to Consider:
Getting in and out of bed?	 ☐ Hand Grips ☐ Grab Bars ☐ Trapeze ☐ Canes ☐ Walkers ☐ Furniture Extenders ☐ Bed Rails ☐ Ease Up Assistant ☐ Tilt-Top Over Bed Table ☐ Reacher Or Grabber
Accessing what you need while confined to your bed?	□ Patient Lift□ Portable Commodes□ Trulite□ Remote Lighting
Reaching items in your closet?	☐ Reachers☐ Foot Stool with Hand Rail☐ Bariatric Foot Stool☐ Hand Grips
Dressing yourself?	 □ Sock Aids □ Dressing Sticks □ Long-Handled Shoe Horns □ Reacher Extension Kits □ Stretchable Shoe Laces □ Bra Angel
With pain caused from poor posture or sleep positions?	☐ Adjustable Beds☐ Head and Neck Pillow Support
With general safety concerns surrounding your bedroom environment?	☐ Keep A Phone Within Reach☐ Night Lights☐ Consider Unobtrusive. More AccessibleBedroom Furniture
Is there temporary or long-term need for a portable commode?	☐ Multiple Use Commodes☐ Three-In-One Commode☐ Four-In-One Commode☐ Portable Commode

KITCHEN ASSESSMENT:

Do You Have Trouble	Solutions to Consider:	
Negotiating the transport of food or dishes to and from the table?	☐ Walker-Tray	
Trouble gripping your utensils?	☐ Easy-Grip Utensils	
Standing on hard surfaces for long periods of time?	☐ Compression Stockings	
WHEELCHAIR USER ASSESSMENT:		
Do You Have Trouble	Solutions to Consider:	

Do You Have Trouble	Solutions to Consider:
Manipulating your chair in the bathroom?	☐ Accessible Sink and Toilet
Using the shower or bathing area?	☐ Barrier-Free Shower or Tub☐ Bath Lifts
Navigating throughout your home?	 ☐ Elevator ☐ Ramps Inside and Outside Of Home ☐ Smooth Floors ☐ Low Thresholds ☐ Threshold Ramps
Traveling outside your home?	 □ Vehicle Lifts □ Crutch Holder □ Armrest Pouch □ Soft and Hard Back Pack □ Light Kit
Accessing and reaching in the kitchen?	☐ Pull-Down Cabinets☐ Free Under-Cabinet Space
Getting up and down the hallways?	☐ Widen Hallways
Maneuvering through doorways?	□ Widen Doorways

LIVING AREA ASSESSMENT:

Do You Have Trouble	Solutions to Consider:
Getting in and out of living room furniture?	☐ Life Chairs ☐ Ease Up Chair Assist ☐ Cane ☐ Walker
Is it important to have necessities, reading materials, etc. at your fingertips?	☐ Seat Lift Chair Table with Magazine Rack ☐ Reachers ☐ Grabbers ☐ Remote Lighting ☐ Trulite ☐ Swivel Seat
Reaching objects in closet or on shelves?	☐ Footstool with Handle ☐ Bariatric Footstool ☐ Reachers ☐ Grabbers ☐ Extenders ☐ Pull-Down Cabinets
Turning door knobs?	☐ Lever Handles ☐ Door Knob Adapters
Opening drawers or cabinets?	☐ D-Shaped Handles
With balance and coordination?	☐ Handrails ☐ Hand Grips ☐ Grab Bars throughout Your Home ☐ Non-Slip Floors
Climbing stairs in your home?	☐ Stair Lift ☐ Step-Up Cane ☐ Indoor Elevator ☐ Home Modification
Eye Sight - Seeing?	☐ Lighting throughout The House ☐ Lighting Under Kitchen Cabinets ☐ Lighting in Stairwells ☐ Light Switches At Top And Bottom Of Stairs
With strength and/or coordination issues?	☐ Automatic Door Openers ☐ Rocker Light Switches ☐ Key Turners